

Anti-Racism Training



At TCA, we believe that race is a social construct that has real, considerable consequences on organizations and individuals. TCA will support your company in unpacking these consequences and operationalizing them to benefit your organization.

Desired Outcomes:

- ◆ Understand the construction of race in America
- ◆ Define and articulate race, racism and anti-racism
- ◆ Name and combat racism in the workplace

Anti-Racism Part I (90 minutes):

Introduction to Unconscious Bias

- ◆ The Brain & Behavior
- ◆ The SEEDS Model

Emotional Intelligence

- ◆ Building Social Skills
- ◆ The Smile Challenge

Anti-Racism Part II (90 minutes):

Understanding Racism

- ◆ The Construction of Race
- ◆ The Cycle of Socialization
- ◆ Re-socializing Ourselves

Taking Action

- ◆ Recognizing Racism
- ◆ Stopping Racism



Notes:

- ◆ TCA requests no more than 50 people per session
 - TCA is able to offer multiple sessions for your company
- ◆ Intellectual Property will be retained by TCA*
- ◆ Trainings may not be recorded

**TCA is able to build custom sessions. These sessions permit recording and will be left with your company for future use. Please reach out to discuss your needs.*